

# 5 HELPFUL TIPS TO MAKE YOUR FIRST SOLO TRAVEL A SUCCESS



## GO WHERE YOU SPEAK THE LANGUAGE

traveling somewhere where you speak the language helps your overall experience! You are not only more comfortable, but you can also eat at almost any restaurant, and get around cities because you can read street signs.



## DOCUMENT YOUR JOURNEY

Documentation can just be for you! You don't have to start a blog or be the next travel vlogger (unless you want to). Documenting helps you keep records of best practices, do's and don'ts, memories, and so much more!



## BE FRIENDLY BUT DON'T OVERSHARE

Although smiling is a great key to positivity, watch out for what can follow: conversations which can lead to oversharing and giving all of your personal details! Just be mindful of what you share and how you do it.



## ALWAYS BE SITUATIONALLY AWARE

Being alert is 50 percent of protection in dangerous situations. People are more likely to prey on someone who is vulnerable and not paying attention to his/her surroundings than to someone who is alert and ready for anything.



## BE ADVENTUROUS

Give yourself an assignment. Maybe try to find the best gelato shop in the neighborhood or visit all of the museums in one trip, whatever! That way you don't get bored or feel lonely because that can happen!